



Vextra d.o.o.
BILJNA LJEKARNA

the power of sun in herzegovinian herbs



Tvrtna "Vextra" je osnovana 1989. godine sa obiteljskim kapitalom. Sjedište tvrtke je u gradu Mostaru koji je ujedno i središte gospodarskog, financijskog, političkog i kulturnog života Hercegovačko-neretvanske županije. Osnovna djelatnost tvrtke je sakupljanje, prerada i promet ljekovitim biljem. Tvrtka posjeduje organski certifikat od instituta "IMO" iz Švicarske za 80 biljnih vrsta, te provodi regulativu (EEC-2092/91), kroz edukaciju berača i program prerade ljevitog bilja. U proizvodnom programu su jednokomponentni čajevi, čajne mješavine, tinkture, masti itd.



Company "Vextra" was established in 1989 as a privately owned company with family capital. The headquarters of the company is in Mostar which is a center of economical, financial, political and cultural life of Hercegovina - Neretva canton. The basic activity of the company is collection, production and trade with medical herbs. The company has the organic certificate of IMO Institute from Switzerland for 80 herbs and conducts the EEC 2092/91 regulation through the education of collectors and medical herbs production program. In the production program we have one-component teas, tea mixtures, tinctures, creams etc.



Tea mixtures with therapy effects

Slimming Tea
Aphrodisiac Tea
Psychomotor Impairment Tea
Gallstone Tea
Expectorant Tea
Antitussive Tea
Tea against tics and involuntary movements
Organism Strengthening Tea
Gallbladder Sludge Flush Tea
Larynx and Vocal Cords Tea
Asthma Tea
Bronchitis Tea
Cystitis Tea
Large Intestine Inflammation Tea
Escherichia Coli Tea
Hemorrhoids Tea
Liver Tea
Sciatica Tea
Tea for Enlarged Spleen
Pancreas Disease Tea
Stomach Inflammation Tea
Gallbladder Inflammation Tea
Kidney Sludge/Sand Flush Tea
Organism Purifying Tea



URINARY TRACT INFLAMMATION TEA

Indication: This tea helps with the inflammation of the urinary tract, especially with the inflammation of urinary bladder. Cranberry and bearberry leaves have uroantiseptic effect, relieving inflammation, and disinfecting urinary tract. Corn silk, birch leaf and horsetail have diuretic effect on urea excretion, helping purify urinary tract. Smooth rupturewort removes the bladder stone and soothes the muscle tissue since it contains umbellifer. Sage purifies the blood and strengthens the nervous system.

vextra's traditional teas of herzegovina



DIABETES MELLITUS TEA

Indication: Tea mixture is recommended for stimulative functioning of entire metabolism and regulation of blood sugar, primarily that at threshold value. It is administered as additional therapy to launch the functioning of β cells of Langerhans islets to secretion of insulin. Blueberry leaf, Bean husks and Black Mulberry leaf have a stimulative effect on lowering blood sugar. Gentian starts the increased secretion of insulin and stomach liquids. Fenugreek seed contains protein substances, trigonellin, choline, nicotine acids and their effect in the additional therapy is to lower the blood sugar.

Menstrual Cycle Regulation Tea
 Tea against arrhythmia
 Vaginal Douche Tea
 Vaginal Discharge Tea
 Rheum Tea
 Hernia Tea
 Epilepsy Tea
 Ca. Disease Tea
 Tea against Stammer
 Tea for Impaired Blood Vessels
 Tea against Insomnia
 Digestion Tea
 Elixir Tea
 Decreased Thyroid Excretion Tea Increased
 Thyroid Excretion Tea
 Menstrual Cramps Tea
 Singultus Tea
 High Blood Pressure Tea
 Menopause Tea
 Migraine Tea
 Tea against bad breath
 Hair Loss Tea
 Anorexia Tea
 Low Blood Pressure Tea
 Colitis Tea
 Parodontosis Tea
 Angina Tea

Tea against Cold
 Hyperhidrosis Tea
 Ovarian Inflammation Tea
 Tea for Nervous Stomach
 Nocturnal enuresis Regulation Tea
 Thoracic Tea
 Parkinson's disease Tea 1.
 Parkinson's disease Tea 2.
 Parkinson's disease Tea 3.
 Stomach Ulcer Tea
 Gastritis Tea
 Cholesterol Tea
 Arthritis/Gout Tea
 Enlarged Prostate Tea
 Psoriasis Tea
 Anemia Tea
 Circulation Booster Tea
 Calming Tea
 Immunity Booster Tea

TEA MIXTURES MADE AT CLIENT'S REQUEST

All tea recipes brought by our customers will be made if they conform to the regulations and standards of Pharmacopoeia.



EXTRA LAXANTIA TEA (CONSTIPATION)

Indication: Tea mixture assists in regulation of bowel peristaltic, regulation of bowel flora, removal of gasses from the intestinal system. Frangulin from the Frangula crust and Senna leaf induce emptying of the bowels while softening the stool and facilitating movement of the feces through the bowel lumen. Marjoram reduces bleeding of the bowel appendices. Angelica, cumin and fennel remove gasses, chamomile calms and relaxes.

Phyto-somatopedic stimulator

STIMULATOR HUMANOG RAZVOJA, PRIMJENA LJEKOVITOG BILJA I VJEŽBI U TRETMANU SOMATOPSIHIČKIH OŠTEĆENJA DJECE I MLADEŽI

Exercise Treatment Program by professor dr. sci. Lazar Stošljević, along with the appropriate program of somato-psychophysiological treatment, through the regime of proper eating; exercises; work and relaxation, boosts the proper growth and development of children and youth and formation of healthy and stable personality.

Treatment consists of joint effect of medicinal herbs targeting certain somato-psychic impairments

Vextra Tea Programme contains four tea mixtures targeting this:

- Bio-beverage for psychomotor impairment
- Bio-beverage for nocturnal enuresis
- Bio-beverage for stammer
- Bio-beverage for tics and involuntary movements



Single-component teas

| | |
|--------------------------|---|
| Lady's Mantle | (Alchemillae herba) |
| Angelica Root | (Angelicae radix) |
| Anis fruit | (Anisi fructus) |
| Cranberry fruit and leaf | (Baccae vitis idaeae fructus et folium) |
| Western Juniper | (Juniperus occidentalis) |
| Woodruff | (Asperula herba) |
| Hawthorn | (Crategi flos et foliae) |
| Arnica | (Arnicae flores) |
| Mullein flower | (Verbasci flos) |
| Cowslip flower | (Primulae flos) |
| Elder flower | (Sambuci flos) |
| Christ's Thorn | (Paliurus spina christi fructus) |
| Lady's Mantle | (Alchemillae herba) |
| St. John's Wort | (Hyperici herba) |
| Sage | (Salviae folium) |
| Yarrow | (Millefolii flores) |
| Catnip | (Nepetae catariae herba) |
| Fenugreek | (Phoenum Graeci semen) |
| Meadowsweet | (Filipendula ulmaria) |
| Willow herb | (Epilobii herba) |
| Heather | (Herba Callunae) |



And another 80 medicinal and aromatic herbs, used in Vextra production process.

vextra's traditional teas of hercegovina

New on the market!

Filter teas with therapy effect. Size of the herbs particle is within 2-3 mm, as prescribed by the pharmacopoeia and satisfies the therapy effects.



MINT FILTER

(MENTHAE PIPERITAE FOLIUM)

Mint is recommended as tea for intestinal troubles, bladder and kidney colic, bowel cramps, and to improve blood work and regulate metabolism discomfort.

CHAMOMILE FILTER

(CHAMOMILLAE FLORES)

Chamomile is recommended as tea for relieving pain no matter where it is located in organism. It is for infants' stomach cramps, due to lack of mother's milk, against cold, against skin diseases and for gynecologic douches.

MELISSA FILTER

(MELISSAE FOLIUM)

Tea is recommended for calming the pain in stomach, boosting memory, regulating faints, headaches, irritation of nervous system, nocturnal attenuation, accelerated cardiac muscle contraction, buzzing in the ears, regulating fatigue at intellectual work and cures depression.

NETTLE FILTER
(URTICAE FOLIUM)

Nettle tea helps cure anemia, particularly one induced by radium and X-ray radiation, cure rachitic children; it is recommended against diarrhea, vaginal secretion, hemorrhoids bleeding and in general stopping bleeding inside and outside organism (tannin effect). Nettle root is used for boosting hair growth, against hair loss and dandruff.

BEARBERRY FILTER
(UVAE URSI FOLIA)

Bearberry leaves tea is recommended for disinfection of urinary organs, against their chronic inflammation, against enlarged prostate and inflammation of the urinary bladder. It is recommended in case of diabetes as well as for purifying the blood. It is widely used in treating different inflammations in mixtures of other medicinal herbs.





calms the nervous system, neurasthenia, alcohol overuse nervousness, dizziness, joint pain and female diseases.

CRANBERRY FILTER
(BACCAE VITIS IDAEAE
FRUCTUS ET FOLIUM)

Tea is recommended as natural antibiotic in mixture of equal parts of cranberry fruits and leaves. Flavonic heterosides of cranberry leaves and fruits by their receptor positions have a specific antibacterial effect on urinary tract. It has a preventive effect on urinary infections and can significantly reduce the number of bacteria in urea. It is recommended for males having difficulties in excreting urine due to enlarged prostate. It is an excellent diuretic tea for treatment of kidney inflammation (tubular system, calyx) and bladder; prevents formation of stones.

WILD THYME FILTER
(THYMUS SERPYLLUM)

CTea is recommended against coughs (antitussive) i.e. calms the bronchi cramps, diseases of respiratory organs, persistent cough, anemia, inflammation of urinary bladder and kidneys,



Vextra herbal drops

CRANBERRY DROPS

DIETETIC PRODUCT

FOOD SUPPLEMENT

Indication: improve functioning of cardiovascular system, poor circulation; reduce blood pressure, arteriosclerosis, enhance excretion of liquid from the organism at the same time enhancing metabolism and purification of organism while having mild sedative effect.

CIRCULATION DROPS

DIETETIC PRODUCT

FOOD SUPPLEMENT

Indication: improve functioning of cardiovascular system, poor circulation; reduce blood pressure, arteriosclerosis, enhance excretion of liquid from the organism at the same time enhancing metabolism and purification of organism while having mild sedative effect.

PROPOLIS DROPS

DIETETIC PRODUCT

FOOD SUPPLEMENT

Indication: propolis drops prevent diseases. They are recommended for boosting poor immunity, where there is proneness to infections (herpes, virus warts...) as well as for colds, flue, and cough.



vextra's traditional teas of herzegovina



ANTIDIABETIC DROPS
DIETETIC PRODUCT
FOOD SUPPLEMENT

Indication: Indication: helps regulate blood sugar levels, primarily those of threshold values.

It is administered as additional therapy to launch the functioning of β cells of Langerhans islets to secretion of insulin. It stimulates the metabolic process in therapeutic regulation of increased blood sugar. Medicinal herbs in the tea have their target effect, their joint effect helps normalize blood sugar.

PROSTATIN DROPS

Indication: helps with prostate problems, reducing the swelling of prostate, enhancing urine flow and reducing amount of urine left in urinary bladder, and has antiflogistic (anti-inflammatory) effect.

ODOLJEN DROPS

Indication: helps relax the organism as has soothing (sedative) and spasmolytic effect. It is auxiliary in insomnia, intestinal tract cramps and painful menstruations.

ARTICHOKE DROPS AGAINST
CHOLESTEROL DIETETIC PRODUCT
FOOD SUPPLEMENT

Indication: helps reduce increased cholesterol and triglycerides, protects blood vessels, prevents arteriosclerosis. Cynarin has positive effect on liver and gall functioning, regulates metabolism of fats and enhances peristaltic of the bowels.

DROPS AGAINST
ARTHRITIS I GOUT

Indication: food supplement for removing arthritis and gout diseases.

SAGE DROPS

Indication: used as mouthwash for gums and mouth cavity, having antiseptic effect; it is good against the flue, stops bleeding and caverns in lung tuberculosis.

NETTLE DROPS

Indication: helps in anemia, particularly one induced by radium and X-ray radiation. It contains different mineral salts (Fe, Mg, Na, Ca, P) necessary for human organism. It also strengthens the organism.

ECHINACEA DROPS

Indication: helps strengthen the immune system, enhances organism defensive power, helps with increased number of leukocytes (granulocytes), and stimulates their capacity of phagocytosis, as well as having effect on viruses of the flue and herpes.

HAWTHORN DROPS

Indication: helps in improving vascularisation and strength of the cardiac muscle and coronary blood vessels, in increased tolerance with less oxygen and normalizes high blood pressure.

SLIMMING DROPS

Indication: food supplement for reduction of weight.

ALIX HAIR LOTION

Indication: the lotion boosts circulation in hair roots, and aids in preventing hair fallout and greasiness.

In production process there are 50 more types of herbal drops.



Vextra oils

Calendula Oil
St. John's Wort Oil
Alix, Hair Lotion
Anti-cellulite Oil



Vextra ointments

Burn Balm
Hemorrhoids Balm
Calendula Ointment
Propolis Balsam
Wild Chestnut Balsam



History of herbal treatments

Usage of and healing by medicinal herbs originate from ancient past and we can say it is almost as old as the humanity itself. The art of healing by plants developed in every culture and was preserved somewhere more – somewhere less as traditional or native therapy. It was popularly called native medicine – the term that remained until today, when the modern medicine made progress.

The writings of ancient peoples, Egyptians, Greeks, Indians, Assyrians, Chinese and Romans describe numerous herbal species that were successfully used in traditional therapy for centuries. They have been accepted in modern medicine and represent important medicinal substances. Particular attention should be given to the writings of Roman doctor and pharmacist Galena, from the II century, containing recipes and instructions for using medicinal herbs. Galen's recipes most often require several different substances (herbs) which only together give the desired efficiency.

Today, in the latest era of synthetic medicines, once again we return to the preparations based on medicinal herbs. One medicinal herbal species, apart from ballast substances, contains many types of medicinal substances, and medicinal effect of a herb is actually medicinal effect of their combined action, unlike the synthetic medicine, where there is one medicinal substance with target action. It is very important to mention that the side effects of medicinal herbs treatment are in general very rare or weakly manifested.

The oldest healing books – recipes for medicinal herbs treatment come from these Herzegovina-Dalmatian grounds. They were written by Franciscans, who prescribed recipes and healed. Herzegovina-Neretva Canton, we can well say, is the richest Canton in medicinal and aromatic herbs among all other Cantons and in the wider region. The richness of medicinal herbs represented in the flora of a country represents priceless natural resources which

should be exploited rationally as well as implement the European economic union regulative (EEC 2092791) stating all the elements for sustainability of herbal flora in natural resources.



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